

## Agenda

### 8<sup>th</sup> INTEGRActiv meeting

Friday, July 18<sup>th</sup>, 2025 (9:00-13:30)

Venue: Sala de Juntas. Edificio Sa Riera. Universitat de les Illes Balears

Calle Miquel dels Sants Oliver, 2. Palma (Illes Balears)

#### 1. Adoption of the agenda

#### 2. General information. Catalina Picó (UIB-IdISBa)

#### 3. Report on the analyses carried out and main results obtained (by the corresponding partners).

- Physical and nutritional status and metabolic health of the volunteers, and effects of intervention. Julio Alvarez-Pitti (IPEDITEC)
- Circulating myokines and adipokines. Paula Oliver and Ana Rodríguez (UIB-IdISBa)
- Targeted and untargeted metabolomics analysis. Jan Kopecky and Jan Petr Zouhar (IPHYS)
- Transcriptomics analysis in blood cells. Bárbara Reynes and Sebastià Galmés (UIB-IdISBa)
- miRNome analysis. Jean François Landrier (AMU)
- Integrated analysis. Jean Charles Martin (AMU)
- General discussion (all partners)

#### 4. Next steps: Update of the dissemination plans. Final report.

#### 5. Any other business

13:30 Lunch

